

**In many countries, the tradition of families having meals together is disappearing.**

**Why is this happening? What will be the effects of?**

All around the world, the number of People who eat meals with their families is decreasing. It may happen because of several reasons like all members of families have less free time compared to the past and it could cause serious problems in families' relationship.

Working more and more and having less free time, people in these days don't have enough time for their families. Most individuals stayed in their homes at in the evenings in the past so families could plan to eat their dinner all together in at a particular time, but in modern societies it is hard to find all of the a family's members in at home until midnight, hence they can't have a meal together. Development of cities and Variety of the jobs lead to people have having very deferent different plans and can not cannot spend their time at home with their families. For example, one of my friends works in a factory on the night shift and her his wife have has a job in a company that she have has to be there during the day so they hardly can hardly see each other and don't have any time for having to have a meal together.

The Tradition of having meals all together in families leads members to have a time to talk with each other and know about others' life. These communications can create some positive human emotions such as sympathy and cause families' members to care about each other, so with this tradition disappearing this tradition, people may lose their relationship with their family and it could make them depressed and unhappy.

In conclusion, it could have deferent various reasons why families don't have a meal all together nowadays such as today's busy life. It may lead to decreasing relations between families' members that can cause more serious problems.